

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe HEADCOACH

Coaches: Moors Joren

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 100M BREASTSTROKE MIXED 10-9 **Heat:1, starttime: 14:00**

Heat: 1/3 Lane : 3 Athlete: SCHOOF CAS **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool): no time** **SB: no time**

	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 9: 100M BREASTSTROKE MIXED 10-9 **Heat:3, starttime: 14:05**

Heat: 3/3 Lane : 6 Athlete: RAES KAYA **Q-time: 01:50:25**

PB (50m pool): 01:57.63 SportinGenk Park 06/04/2026 **PB (25m pool): 01:50.25** **SB: 01:57.63 SportinGenk Park 06/04/2026**

	5 0 M	1 0 0 M	
PB	00:55.18	01:57.63	
	<i>00:55.18</i>	<i>01:02.45</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+ **Heat:1, starttime: 14:10**

Heat: 1/20 Lane : 5 Athlete: PEELAERS ELISE **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool): no time** **SB: no time**

	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:1, starttime: 14:10	
Heat: 1/20 Lane : 6 Athlete: STADTMAN MALAYKA		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:2, starttime: 14:10	
Heat: 2/20 Lane : 4 Athlete: WOUTERS FENNA		Q-time: 01:54:17	
PB (50m pool): 01:54.17 SportinGenk Park 06/04/2026		PB (25m pool): no time SB: 01:54.17 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M	
PB	00:54.08	01:54.17	
	<i>00:54.08</i>	<i>01:00.09</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:2, starttime: 14:10	
Heat: 2/20 Lane : 6 Athlete: HOEYBERGHS RYLEY		Q-time: 02:00:17	
PB (50m pool): 02:11.23 SportinGenk Park 06/04/2026		PB (25m pool): 02:00.17 SB: 02:11.23 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M	
PB	01:00.49	02:11.23	
	<i>01:00.49</i>	<i>01:10.74</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:2, starttime: 14:10	
Heat: 2/20 Lane : 7 Athlete: LIEVENS NONA		Q-time: 02:23:98	
PB (50m pool): 02:23.98 Mol 22/06/2025		PB (25m pool): 02:10.95 SB: no time	
	5 0 M	1 0 0 M	
PB	01:07.39	02:23.98	
	<i>01:07.39</i>	<i>01:16.59</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:3, starttime: 14:15	
Heat: 3/20 Lane : 3 Athlete: DIRIX LILY		Q-time: 01:50:39	
PB (50m pool): 01:57.42 SportinGenk Park 21/04/2025		PB (25m pool): 01:50.39 SB: no time	
	50 M	100 M	
PB	no time	01:57.42	
	<i>no time</i>		
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:3, starttime: 14:15	
Heat: 3/20 Lane : 8 Athlete: VREYSEN JANA		Q-time: 01:54:07	
PB (50m pool): 02:01.41 Kortrijk 04/05/2025		PB (25m pool): 01:50.27 SB: no time	
	50 M	100 M	
PB	00:55.64	02:01.41	
	<i>00:55.64</i>	<i>01:05.77</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 14:15	
Heat: 4/20 Lane : 1 Athlete: HUYSMANS ILIANA		Q-time: 01:48:39	
PB (50m pool): 01:50.26 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:48.39 SB: 01:50.26 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:52.38	01:50.26	
	<i>00:52.38</i>	<i>00:57.88</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 14:15	
Heat: 4/20 Lane : 3 Athlete: KEMPS AMELIA		Q-time: 01:47:47	
PB (50m pool): 01:47.47 Wezenberg 01/02/2026		PB (25m pool): 01:48.38 SB: 01:47.47 Wezenberg 01/02/2026	
	50 M	100 M	
PB	00:51.64	01:47.47	
	<i>00:51.64</i>	<i>00:55.83</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 14:15	
Heat: 4/20 Lane : 5 Athlete: BAYGUNES DEFNE		Q-time: 01:47:02	
PB (50m pool): 01:43.51 Antwerpen 16/07/2023		PB (25m pool): 01:38.33 SB: no time	
	50 M	100 M	
PB	no time	01:43.51	
	<i>no time</i>		
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:7, starttime: 14:25	
Heat: 7/20 Lane : 6 Athlete: HACHED LINA		Q-time: 01:40:77	
PB (50m pool): 01:35.51 Antwerpen 16/07/2023		PB (25m pool): 01:34.52 SB: no time	
	50 M	100 M	
PB	no time	01:35.51	
	<i>no time</i>		
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:8, starttime: 14:25	
Heat: 8/20 Lane : 8 Athlete: EMBRECHTS OLIVIA		Q-time: 01:39:76	
PB (50m pool): 01:45.03 Antwerpen 13/07/2025		PB (25m pool): 01:39.76 SB: no time	
	50 M	100 M	
PB	00:48.65	01:45.03	
	<i>00:48.65</i>	<i>00:56.38</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:10, starttime: 14:30	
Heat: 10/20 Lane : 7 Athlete: ADRIAENSEN LENA		Q-time: 01:34:36	
PB (50m pool): 01:34.54 Antwerpen 15/03/2026		PB (25m pool): 01:34.36 SB: 01:34.54 Antwerpen 15/03/2026	
	50 M	100 M	
PB	00:43.99	01:34.54	
	<i>00:43.99</i>	<i>00:50.55</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:11, starttime: 14:30	
Heat: 11/20 Lane : 8 Athlete: MEEKERS RANIA		Q-time: 01:33:10	
PB (50m pool): 01:39.48 Antwerpen 13/07/2025		PB (25m pool): 01:33.10 SB: no time	
	5 0 M	1 0 0 M	
PB	00:46.47	01:39.48	
	<i>00:46.47</i>	<i>00:53.01</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:14, starttime: 14:40	
Heat: 14/20 Lane : 7 Athlete: CEULEMANS LENA		Q-time: 01:28:87	
PB (50m pool): 01:29.44 Wezenberg 01/02/2026		PB (25m pool): 01:28.87 SB: 01:29.44 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:42.57	01:29.44	
	<i>00:42.57</i>	<i>00:46.87</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:17, starttime: 14:45	
Heat: 17/20 Lane : 2 Athlete: VAN BAELEN YENTHE		Q-time: 01:24:62	
PB (50m pool): 01:24.62 Antwerpen 15/03/2026		PB (25m pool): 01:24.66 SB: 01:24.62 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:39.44	01:24.62	
	<i>00:39.44</i>	<i>00:45.18</i>	
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+		Heat:19, starttime: 14:50	
Heat: 19/20 Lane : 1 Athlete: KEMPS ELIZE		Q-time: 01:22:51	
PB (50m pool): 01:22.51 Wezenberg 01/02/2026		PB (25m pool): 01:22.28 SB: 01:22.51 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:38.56	01:22.51	
	<i>00:38.56</i>	<i>00:43.95</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:1, starttime: 14:50	
Heat: 1/19 Lane : 1 Athlete: CEULEMANS WARD		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:1, starttime: 14:50	
Heat: 1/19 Lane : 3 Athlete: GISSEMé BERTEN		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:2, starttime: 14:55	
Heat: 2/19 Lane : 3 Athlete: ROMANYUK MYKHAYLO		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:2, starttime: 14:55	
Heat: 2/19 Lane : 4 Athlete: VAN GORP THIJS		Q-time: 02:07:33	
PB (50m pool): no time		PB (25m pool): 02:07.33 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:3, starttime: 14:55	
Heat: 3/19 Lane : 6 Athlete: VAN DEN BROEK LAURENS		Q-time: 01:56:56	
PB (50m pool): 01:56.56 SportinGenk Park 06/04/2026		PB (25m pool): 02:05.09 SB: 01:56.56 SportinGenk Park 06/04/2026	
	50 M	100 M	
PB	00:56.14	01:56.56	
	00:56.14	01:00.42	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:4, starttime: 15:00	
Heat: 4/19 Lane : 7 Athlete: JACOBS JOB		Q-time: 01:51:85	
PB (50m pool): 01:51.85 Mol 22/06/2025		PB (25m pool): no time SB: no time	
	50 M	100 M	
PB	00:53.16	01:51.85	
	00:53.16	00:58.69	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:6, starttime: 15:05	
Heat: 6/19 Lane : 4 Athlete: NIJS LENNERT		Q-time: 01:41:13	
PB (50m pool): 01:41.13 Antwerpen 14/07/2024		PB (25m pool): 01:41.68 SB: no time	
	50 M	100 M	
PB	no time	01:41.13	
	no time		
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:6, starttime: 15:05	
Heat: 6/19 Lane : 7 Athlete: MOLS LEON		Q-time: 01:42:09	
PB (50m pool): 01:42.09 Antwerpen 15/03/2026		PB (25m pool): 01:42.48 SB: 01:42.09 Antwerpen 15/03/2026	
	50 M	100 M	
PB	00:49.25	01:42.09	
	00:49.25	00:52.84	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:8, starttime: 15:10	
Heat: 8/19 Lane : 2 Athlete: HOOYBERGHS MIL		Q-time: 01:36:83	
PB (50m pool): 01:38.42 Antwerpen 15/03/2026		PB (25m pool): 01:36.83 SB: 01:38.42 Antwerpen 15/03/2026	
	50 M	100 M	
PB	00:47.14	01:38.42	
	00:47.14	00:51.28	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:8, starttime: 15:10	
Heat: 8/19 Lane : 6 Athlete: DE MESSEMAEKER ZYDRICH		Q-time: 01:36:40	
PB (50m pool): 01:38.87 Antwerpen 15/03/2026		PB (25m pool): 01:36.40 SB: 01:38.87 Antwerpen 15/03/2026	
	50 M	100 M	
PB	00:46.09	01:38.87	
	00:46.09	00:52.78	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:8, starttime: 15:10	
Heat: 8/19 Lane : 7 Athlete: MEEKERS CARSTEN		Q-time: 01:37:75	
PB (50m pool): 01:48.36 Mol 22/06/2025		PB (25m pool): 01:37.75 SB: no time	
	50 M	100 M	
PB	00:50.16	01:48.36	
	00:50.16	00:58.20	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:11, starttime: 15:15	
Heat: 11/19 Lane : 1 Athlete: VAN HOVE NAND		Q-time: 01:28:64	
PB (50m pool): 01:30.39 Wezenberg 01/02/2026		PB (25m pool): 01:28.64 SB: 01:30.39 Wezenberg 01/02/2026	
	50 M	100 M	
PB	00:43.79	01:30.39	
	00:43.79	00:46.60	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:13, starttime: 15:20	
Heat: 13/19 Lane : 1 Athlete: HERMANS PIETER-JAN		Q-time: 01:22:75	
PB (50m pool): 01:25.89 SportinGenk Park 06/04/2026		PB (25m pool): 01:22.75 SB: 01:25.89 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M	
PB	00:40.91	01:25.89	
	00:40.91	00:44.98	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:13, starttime: 15:20	
Heat: 13/19 Lane : 5 Athlete: KEMPS VINCE		Q-time: 01:21:95	
PB (50m pool): 01:37.37 Mol 22/06/2025		PB (25m pool): 01:21.95 SB: no time	
	5 0 M	1 0 0 M	
PB	00:45.98	01:37.37	
	00:45.98	00:51.39	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:14, starttime: 15:20	
Heat: 14/19 Lane : 3 Athlete: MIHAILESCU STEFAN		Q-time: 01:20:52	
PB (50m pool): 01:20.52 Wezenberg 01/02/2026		PB (25m pool): 01:34.84 SB: 01:20.52 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:36.95	01:20.52	
	00:36.95	00:43.57	
	

Coach feedback:

Event number: 11: 100M BREASTSTROKE MEN 11+		Heat:17, starttime: 15:25	
Heat: 17/19 Lane : 1 Athlete: HUYSMANS SEPPE		Q-time: 01:15:31	
PB (50m pool): 01:17.31 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:15.31 SB: 01:17.31 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	
PB	00:36.09	01:17.31	
	00:36.09	00:41.22	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 12: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 15:30		
Heat: 1/3 Lane : 3 Athlete: SCHOofs CAS			Q-time: 99:99:99		
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M			
PB	no time	no time			
	<i>no time</i>				
			

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 15:35		
Heat: 3/3 Lane : 5 Athlete: VERACHTEN TIJL			Q-time: 01:21:31		
PB (50m pool): 01:22.15 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:21.31 SB: 01:22.15 Lago Kortrijk Weide 03/05/2026			
	5 0 M	1 0 0 M			
PB	00:40.38	01:22.15			
	<i>00:40.38</i>	<i>00:41.77</i>			
			

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 15:35		
Heat: 3/3 Lane : 8 Athlete: RAES KAYA			Q-time: 01:26:82		
PB (50m pool): 01:28.08 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:26.82 SB: 01:28.08 Lago Kortrijk Weide 03/05/2026			
	5 0 M	1 0 0 M			
PB	00:40.54	01:28.08			
	<i>00:40.54</i>	<i>00:47.54</i>			
			

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN 11+						Heat:2, starttime: 15:55		
Heat: 2/6 Lane : 2 Athlete: PEELAERS ELISE						Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 13: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:10	
Heat: 4/6 Lane : 8 Athlete: DIRIX LILY							Q-time: 05:45:20	
PB (50m pool): 05:45.20 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 06:41.51 SB: 05:45.20 Lago Kortrijk Weide 03/05/2026					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:37.65	01:18.65	02:02.23	02:45.66	03:30.85	04:16.09	05:01.16	05:45.20
	00:37.65	00:41.00	00:43.58	00:43.43	00:45.19	00:45.24	00:45.07	00:44.04

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:25	
Heat: 6/6 Lane : 6 Athlete: VAN BAELEN YENTHE							Q-time: 04:54:64	
PB (50m pool): 04:54.64 Amersfoort 22/02/2026			PB (25m pool): 04:55.17 SB: 04:54.64 Amersfoort 22/02/2026					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:32.93	01:10.06	01:48.04	02:25.72	03:03.86	03:41.57	04:19.06	04:54.64
	00:32.93	00:37.13	00:37.98	00:37.68	00:38.14	00:37.71	00:37.49	00:35.58

Coach feedback:

Event number: 14: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:30	
Heat: 1/6 Lane : 7 Athlete: CEULEMANS WARD							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							

Coach feedback:

Event number: 14: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:45	
Heat: 3/6 Lane : 1 Athlete: HOOYBERGHS MIL							Q-time: 05:30:95	
PB (50m pool): 07:14.66 Mol 25/06/2023			PB (25m pool): 05:30.95 SB: no time					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	07:14.66
	no time							

Coach feedback:

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Event number: 14: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:45	
Heat: 3/6 Lane : 5 Athlete: VAN HOVE VICTOR							Q-time: 05:14:24	
PB (50m pool): 05:54.93 Mol 22/06/2025				PB (25m pool): 05:14.24 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:39.72	01:25.57	02:10.76	02:57.15	03:43.21	04:30.16	05:14.60	05:54.93
	00:39.72	00:45.85	00:45.19	00:46.39	00:46.06	00:46.95	00:44.44	00:40.33

Coach feedback:

Event number: 14: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:45	
Heat: 3/6 Lane : 8 Athlete: GEUDENS THOR							Q-time: 05:32:81	
PB (50m pool): no time				PB (25m pool): 05:32.81 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							

Coach feedback:

Event number: 14: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:55	
Heat: 5/6 Lane : 3 Athlete: VERACHTEN LOUIS							Q-time: 04:38:85	
PB (50m pool): 04:38.85 Antwerpen 08/03/2026				PB (25m pool): 04:42.61 SB: 04:38.85 Antwerpen 08/03/2026				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:30.40	01:05.02	01:39.34	02:15.48	02:50.63	03:27.08	04:02.65	04:38.85
	00:30.40	00:34.62	00:34.32	00:36.14	00:35.15	00:36.45	00:35.57	00:36.20

Coach feedback:

Event number: 14: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:00	
Heat: 6/6 Lane : 2 Athlete: HUYGENS ARNE							Q-time: 04:25:93	
PB (50m pool): 04:34.63 Wezenberg 01/02/2026				PB (25m pool): 04:25.93 SB: 04:34.63 Wezenberg 01/02/2026				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:31.83	01:06.07	01:40.39	02:15.51	02:50.05	03:25.46	04:01.02	04:34.63
	00:31.83	00:34.24	00:34.32	00:35.12	00:34.54	00:35.41	00:35.56	00:33.61

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:1, starttime: 17:05	
Heat: 1/17 Lane : 2 Athlete: HOEYBERGHS RYLEY		Q-time: 01:49:13	
PB (50m pool): 01:52.66 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:49.13 SB: 01:52.66 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	
PB	00:53.58	01:52.66	
	<i>00:53.58</i>	<i>00:59.08</i>	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:1, starttime: 17:05	
Heat: 1/17 Lane : 3 Athlete: HUYSMANS ILIANA		Q-time: 01:45:14	
PB (50m pool): 01:45.14 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:50.45 SB: 01:45.14 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	
PB	00:51.39	01:45.14	
	<i>00:51.39</i>	<i>00:53.75</i>	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:1, starttime: 17:05	
Heat: 1/17 Lane : 6 Athlete: LIEVENS NONA		Q-time: 01:48:39	
PB (50m pool): 01:48.39 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:42.68 SB: 01:48.39 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	
PB	00:52.91	01:48.39	
	<i>00:52.91</i>	<i>00:55.48</i>	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:1, starttime: 17:05	
Heat: 1/17 Lane : 7 Athlete: STADTMAN MALAYKA		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:3, starttime: 17:10	
Heat: 3/17 Lane : 2 Athlete: VREYSEN JANA		Q-time: 01:37:00	
PB (50m pool): 01:41.76 Antwerpen 13/07/2025		PB (25m pool): 01:37.00 SB: 01:50.59 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:50.99	01:41.76	
	00:50.99	00:50.77	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:3, starttime: 17:10	
Heat: 3/17 Lane : 7 Athlete: WOUTERS FENNA		Q-time: 01:37:35	
PB (50m pool): 01:37.35 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:41.69 SB: 01:37.35 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:49.24	01:37.35	
	00:49.24	00:48.11	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:4, starttime: 17:15	
Heat: 4/17 Lane : 4 Athlete: KEMPS AMELIA		Q-time: 01:32:39	
PB (50m pool): 01:32.39 Wezenberg 01/02/2026		PB (25m pool): 01:43.81 SB: 01:32.39 Wezenberg 01/02/2026	
	50 M	100 M	
PB	00:45.61	01:32.39	
	00:45.61	00:46.78	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:8, starttime: 17:20	
Heat: 8/17 Lane : 2 Athlete: EMBRECHTS OLIVIA		Q-time: 01:25:70	
PB (50m pool): 01:32.64 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:25.70 SB: 01:32.64 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:44.01	01:32.64	
	00:44.01	00:48.63	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:10, starttime: 17:25	
Heat: 10/17 Lane : 1 Athlete: CEULEMANS LENA		Q-time: 01:20:83	
PB (50m pool): 01:24.43 SportinGenk Park 06/04/2026		PB (25m pool): 01:20.83 SB: 01:24.43 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M	
PB	00:41.41	01:24.43	
	<i>00:41.41</i>	<i>00:43.02</i>	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:10, starttime: 17:25	
Heat: 10/17 Lane : 6 Athlete: HACHED LINA		Q-time: 01:19:88	
PB (50m pool): 01:16.95 Antwerp 04/02/2024		PB (25m pool): 01:16.42 SB: 01:19.88 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	
PB	no time	01:16.95	
	<i>no time</i>		
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:11, starttime: 17:25	
Heat: 11/17 Lane : 3 Athlete: MEEKERS RANIA		Q-time: 01:18:07	
PB (50m pool): 01:31.59 Mol 22/06/2025		PB (25m pool): 01:18.07 SB: no time	
	5 0 M	1 0 0 M	
PB	00:43.99	01:31.59	
	<i>00:43.99</i>	<i>00:47.60</i>	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:11, starttime: 17:25	
Heat: 11/17 Lane : 8 Athlete: ADRIAENSEN LENA		Q-time: 01:19:16	
PB (50m pool): 01:22.06 Wezenberg 01/02/2026		PB (25m pool): 01:19.16 SB: 01:22.06 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:39.97	01:22.06	
	<i>00:39.97</i>	<i>00:42.09</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:14, starttime: 17:30	
Heat: 14/17 Lane : 1 Athlete: BAYGUNES DEFNE		Q-time: 01:15:23	
PB (50m pool): 01:19.06 Antwerp 02/02/2025		PB (25m pool): 01:15.23 SB: 01:20.62 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:38.57	01:19.06	
	00:38.57	00:40.49	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:17, starttime: 17:35	
Heat: 17/17 Lane : 1 Athlete: KEMPS ELIZE		Q-time: 01:12:75	
PB (50m pool): 01:16.95 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:12.75 SB: 01:16.95 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:36.16	01:16.95	
	00:36.16	00:40.79	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+		Heat:17, starttime: 17:35	
Heat: 17/17 Lane : 4 Athlete: SPRANGERS KATO		Q-time: 01:05:62	
PB (50m pool): 01:08.32 Antwerpen 17/05/2026		PB (25m pool): 01:05.62 SB: 01:08.32 Antwerpen 17/05/2026	
	50 M	100 M	
PB	00:33.28	01:08.32	
	00:33.28	00:35.04	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:1, starttime: 17:40	
Heat: 1/15 Lane : 1 Athlete: ROMANYUK MYKHAYLO		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:1, starttime: 17:40	
Heat: 1/15 Lane : 2 Athlete: GISSEMé BERTEN		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:2, starttime: 17:40	
Heat: 2/15 Lane : 3 Athlete: VAN GORP THIJS		Q-time: 01:47:14	
PB (50m pool): 01:47.14 Lago Kortrijk Weide 03/05/2026		PB (25m pool): no time SB: 01:47.14 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:53.81	01:47.14	
	<i>00:53.81</i>	<i>00:53.33</i>	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:2, starttime: 17:40	
Heat: 2/15 Lane : 7 Athlete: VAN DEN BROEK LAURENS		Q-time: 01:57:01	
PB (50m pool): 01:57.01 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:59.86 SB: 01:57.01 Lago Kortrijk Weide 03/05/2026	
	50 M	100 M	
PB	00:58.43	01:57.01	
	<i>00:58.43</i>	<i>00:58.58</i>	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:4, starttime: 17:45	
Heat: 4/15 Lane : 5 Athlete: LECOMTE FLORENTIN		Q-time: 01:28:83	
PB (50m pool): 01:42.62 Mol 22/06/2025		PB (25m pool): 01:28.83 SB: no time	
	50 M	100 M	
PB	00:49.52	01:42.62	
	<i>00:49.52</i>	<i>00:53.10</i>	
	

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:5, starttime: 17:50
Heat: 5/15 Lane : 2 Athlete: MOLS LEON		Q-time: 01:27:33
PB (50m pool): 01:28.44 Antwerpen 15/03/2026		PB (25m pool): 01:27.33 SB: 01:28.44 Antwerpen 15/03/2026
	5 0 M	1 0 0 M
PB	00:42.83	01:28.44
	<i>00:42.83</i>	<i>00:45.61</i>

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:6, starttime: 17:50
Heat: 6/15 Lane : 1 Athlete: MEEKERS CARSTEN		Q-time: 01:24:75
PB (50m pool): 01:37.16 Mol 22/06/2025		PB (25m pool): 01:24.75 SB: no time
	5 0 M	1 0 0 M
PB	00:46.50	01:37.16
	<i>00:46.50</i>	<i>00:50.66</i>

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:7, starttime: 17:55
Heat: 7/15 Lane : 2 Athlete: JACOBS JOB		Q-time: 01:20:81
PB (50m pool): 01:24.19 Wezenberg 01/02/2026		PB (25m pool): 01:20.81 SB: 01:24.19 Wezenberg 01/02/2026
	5 0 M	1 0 0 M
PB	00:41.79	01:24.19
	<i>00:41.79</i>	<i>00:42.40</i>

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:8, starttime: 17:55
Heat: 8/15 Lane : 1 Athlete: DE MESSEMAEKER ZYDRICH		Q-time: 01:19:56
PB (50m pool): 01:19.56 Lago Kortrijk Weide 03/05/2026		PB (25m pool): 01:22.24 SB: 01:19.56 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M
PB	00:38.36	01:19.56
	<i>00:38.36</i>	<i>00:41.20</i>

Coach feedback:

GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:8, starttime: 17:55	
Heat: 8/15 Lane : 3 Athlete: HERMANS PIETER-JAN		Q-time: 01:18:90	
PB (50m pool): 01:18.90 SportinGenk Park 06/04/2026		PB (25m pool): 01:21.10 SB: 01:18.90 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M	
PB	00:39.38	01:18.90	
	00:39.38	00:39.52	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:8, starttime: 17:55	
Heat: 8/15 Lane : 6 Athlete: VAN HOVE NAND		Q-time: 01:19:12	
PB (50m pool): 01:21.20 Antwerpen 08/03/2026		PB (25m pool): 01:19.12 SB: 01:21.20 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	
PB	00:39.55	01:21.20	
	00:39.55	00:41.65	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:9, starttime: 17:55	
Heat: 9/15 Lane : 2 Athlete: NIJS LENNERT		Q-time: 01:17:74	
PB (50m pool): 01:22.00 Antwerpen 15/03/2026		PB (25m pool): 01:17.74 SB: 01:22.00 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:40.36	01:22.00	
	00:40.36	00:41.64	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 11+		Heat:14, starttime: 18:05	
Heat: 14/15 Lane : 3 Athlete: HUYSMANS SEPPE		Q-time: 01:03:50	
PB (50m pool): 01:06.21 Wezenberg 01/02/2026		PB (25m pool): 01:03.50 SB: 01:06.21 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:32.43	01:06.21	
	00:32.43	00:33.78	
	

Coach feedback: